

Monday

Tuesday

Wednesday
1st

Thursday
2nd

Friday
3rd

Sizzle and Main

No Students
(Christmas Break)

No Students
(Christmas Break)

No Students
(Christmas Break)

The Balanced Bite

No Students
(Christmas Break)

No Students
(Christmas Break)

No Students
(Christmas Break)



*ChefAdvantage is committed to serving
Nutritious and Delicious Meals!*
Locally sourced ingredients whenever possible
No High Fructose Corn Syrup, Trans Fats, or MSG



Monday
6thTuesday
7thWednesday
8thThursday
9thFriday
10th

Sizzle and Main

National Bean Day:
Red Beans and Rice
Smoked Sausage
Garlic Butter Biscuits
Blackened Cauliflower

Gringo Lasagna
Elotes
Tortilla Crunch Salad

White Beans and Rice
Smoked Sausage
Honey Cornbread
Smothered Green Beans

Pork Chimichurri
Roasted Potatoes
Roasted Brussel Sprouts

Lemon Pepper Chicken
Rice Pilaf
Mixed Vegetables

The Balanced Bite

Nashville Hot Chicken
Sandwich
Crispy French Fries
Carolina Cole Slaw

Loaded Baked Potato
Bar
(Chili, Sour Cream,
Cheese, Chives, and
Bacon)

Beef Bulgogi Bowl
(Korean Spiced Beef,
Jasmine Rice, Roasted
Vegetables, and Boiled
Egg)

Chicken Adobo
Steamed Rice
Creamed Spinach

National Curry Day
Coconut Curry
Basmati Rice
Grilled Nan Bread



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Monday
13thTuesday
14thWednesday
15thThursday
16thFriday
17th

Sizzle and Main

Beef Bolognese
Buttered Pasta
Garlic Breadsticks
Balsamic Brussel Sprouts

Quesa Birria Tacos
Confetti Rice
Ancho-Spiced Broccoli

Meatball Submarine
Crispy French Fries
Mixed Vegetables

Shrimp Alfredo
Linguine Pasta
Fresh Baked Focaccia
Bread
Roasted Cauliflower

National Popcorn Day
Popcorn Chicken
Tater Tots
Cucumber and Carrots

The Balanced Bite

Rueben On Rye
(Corned Beef, Sauerkraut,
Swiss Cheese, and 1000
Island Dressing)
Seasoned Kettle Chips

International Hot and
Spicy Day
Hot and Spicy Noodle Bar
(Garlic Chili Oil, Scallions,
Soy Sauce, Sriracha, and
Chicken)

Chicken Bibimbap
White Rice, Carrots
Egg
Zucchini and Spring Mix

Sun butter and Jelly
Pinwheels
Garden Salad

Tilapia Portofino
Rice Pilaf
Sautéed Green Beans



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Monday
20thTuesday
21stWednesday
22ndThursday
23rdFriday
24th

Sizzle and Main

No Students
(MLK Day)Beef Soft Taco
Arroz Rojo
Corn and Black BeansChicken Fricassee
Steamed White Rice
Fried Okra
Warm RollAll Beef Hot Dog
Sweet Potato Fries
Broccoli SlawSwedish Meatballs
Mashed Potatoes
English Peas

The Balanced Bite

No Students
(MLK Day)Pork Fried Rice
Stir-Fry Vegetables
Vegetable Egg RollDan Dan Noodles
You Tiao
(Donuts)Chicken Sauce Piquant
Green Onion Rice
Tarte a la BouillePizza Bianca
Pasta Salad
Roasted Vegetables

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Monday
27thTuesday
28thWednesday
29thThursday
30thFriday
31st

Sizzle and Main

Chicken Cacciatore
Buttered Pasta
Roasted CauliflowerTaco Tuesday!
BBQ Pork Tacos
Marconi and Cheese
Roasted BroccoliMississippi Pot Roast
Smashed Potatoes
Roasted Garlic Green
BeansHoney Ginger Chicken
Stir Fry Noodles
EdamameChicken Nuggets
Crispy French Fries
English Peas
Warm Dinner Roll

The Balanced Bite

National Corn Chip Day
Frito Pies
(Fritos, Beef Chili, and
Cheese)Butter Chicken Tacos
Basmati Rice
Paneer VegetablesLasagna Bolognese
Ciabatta Bread
Caesar SaladChicken Tortilla Soup
Tajin Seasoned Tortilla
ChipsNational Hot Cocoa Day!
Alpine Macaroni and
Cheese
Roasted Carrots
Hot Cocoa Brownies

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