

Monday

Tuesday  
1stWednesday  
2ndThursday  
3rdFriday  
4th

## Sizzle and Main

Chicken Tinga Taco  
Arroz Verde  
Corn and Black Beans

Chicken and Waffles  
Sweet Potato Fries  
Roasted Cauliflower

Huli Huli Chicken  
Steamed Jasmine Rice  
Polynesian Spiced  
Vegetables

National Taco Day  
Barbacoa Beef Taco  
Arroz Rojo  
Corn and Black Beans

## The Balanced Bite

Beef Torta  
Tortilla Chips  
Salsa Verde  
Pico De Gallo

Mongolian Beef  
Stir-Fry Noodles  
Ginger Roasted Broccoli

Italian Grinders  
Warm Marinara  
Caesar Salad

Pork Pho  
Rice Noodles  
Vegetable Egg Roll  
Vietnamese Cucumber  
Salad



*ChefAdvantage is committed to serving  
Nutritious and Delicious Meals!*

Locally sourced ingredients whenever possible  
No High Fructose Corn Syrup, Trans Fats, or MSG



Lunch Menu	St. James Episcopal Day School				October 2024
Monday 7th	Tuesday 8th	Wednesday 9th	Thursday 10th	Friday 11th	
<b>Sizzle and Main</b>					
No Students Fall Holiday	No Students Fall Holiday	White Beans Smoked Sausage Steam White Rice Blackened Cauliflower Warm Dinner Roll	National Gumbo Day Chicken and Sausage Gumbo Steam White Rice Sauteed Green Beans French Bread	National Sausage Pizza Day Sausage Pizza Crispy French Fries Celery and Carrot Sticks	
<b>The Balanced Bite</b>					
No Students Fall Holiday	No Students Fall Holiday	National Submarine Day Buffalo Chicken Sub Sandwich Kettle Chips Caesar Salad	Chicken Vindaloo Basmati Rice Warm Naan Bread	Chicken Pesto Primavera Penne Pasta Roasted Vegetables	



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Monday  
14th

Tuesday  
15th

Wednesday  
16th

Thursday  
17th

Friday  
18th

### Sizzle and Main

Red Beans and Rice  
Smoked Sausage  
Corn Bread  
Collard Greens

National Chicken  
Caccitore Day  
Chicken Cacciatore  
Mashed Potatoes  
Balsamic Brussel  
Sprouts

Sloppy Joes  
Crispy French Fries  
Roasted Broccoli

Tonkostu Ramen Bowls  
Roasted Pork Loin,  
Boiled Eggs, Green  
Onions, and Carrots  
Soy Glazed Edamame

Hamburger Steak  
Beef Gravy  
Mashed Potatoes  
English Peas

### The Balanced Bite

Gyro Bowl  
Gyro Meat, Rice Pilaf,  
Hummus, Spinach, and  
Pita Crisps

Shredded Soft Chicken  
Taco  
Spanish Rice  
Corn Sofrito

Shrimp Fried Rice  
Vegetable Egg Rolls  
Youtaio  
(Donuts)

National Pasta Day  
Chicken Parmesan  
Linguine Pasta  
Garlic Bread  
Sauteed Green Beans

Blackened Mahi Mahi  
Caribbean Rice  
Sauteed Zucchini and  
Squash



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Monday  
21stTuesday  
22ndWednesday  
23rdThursday  
24thFriday  
25th

## Sizzle and Main

Roasted Rosemary  
Chicken  
Creamy Lemon Orzo  
Balsamic Roasted  
Vegetables

Walking Tacos  
(Doritos, Seasoned  
Ground Beef, Cheese,  
Sour Cream and Salsa)  
Yellow Rice  
Black Beans

Chicken and Sausage  
Jambalaya  
Sauteed Green Beans  
Warm Dinner Roll

Chili Cheese Hot Dog  
Spiral Fries  
Baby Carrots with Ranch

Tarragon Chicken  
Lyonnaise Potatoes  
Haricot Verts  
French Bread

## The Balanced Bite

Cheese Tortellini Alfredo  
Caesar Salad

Chicken Korma  
Basmati Rice  
Garam Masala  
Vegetables

Sweet and Sour Pork  
Yakisoba Noodles  
Ginger-Soy Broccoli

Chicken Yakitori  
Coconut Jasmine Rice  
Gyoza

New Orleans Style  
Muffaletta  
Mixed Olive Salad  
Kettle Chips



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Monday  
28th

Tuesday  
29th

Wednesday  
30th

Thursday  
31st

Sizzle and Main

Huli Huli Chicken  
Steamed Jasmine Rice  
Polynesian Spiced  
Vegetables

Chipotle  
Burrito Bowl  
(Seasoned Ground Beef,  
Cilantro Lime Rice, Roast-  
ed Corn,  
Sour Cream and Cheese)  
Chips and Queso

Chicken and Waffles  
Sweet Potato Fries  
Roasted Cauliflower

Happy Halloween  
Haunted Hamburger  
Terror Tots  
Cauldron Carrots  
Caramel Apples



The Balanced Bite

Lemon Grass Chicken  
Garlic Butter Noodles  
Sautéed Bok Choy

Japanese Chicken  
Curry  
Steamed White Rice  
Fresh Melon and  
Cantaloupe

Mongolian Beef  
Stir-Fry Noodles  
Ginger Roasted Broccoli

Creepy Chicken Penne  
Scary Garden Salad  
Frightening Focaccia



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