

Monday

Tuesday

Wednesday

Thursday
1st

Friday
2nd

Sizzle and Main

Corn Dogs
Spiral Fries
Corn on the Cob
Chili and Cheese

Blackened Chicken
Alfredo
Brussel Sprouts
Garlic Bread

The Balanced Bite

BBQ Shrimp and Grits
Garlic Biscuit
Sauteed Green Beans

Ropa Veja'
Steamed White Rice
Cilantro-Lime
Plantains



*ChefAdvantage is committed to serving
Nutritious and Delicious Meals!*
Locally sourced ingredients whenever possible
No High Fructose Corn Syrup, Trans Fats, or MSG



Monday
5thTuesday
6thWednesday
7thThursday
8thFriday
9th

Sizzle and Main

Sausage Biscuits
Scrambled Eggs
Country Gravy
Creamy GritsSmoked Brisket Tacos
Garlic Butter Rice
Cheesy Corn CasseroleBaked Ziti Marinara
Roasted Cauliflower
Spring Mix SaladBangers and Mash
Buttered Peas
Warm RollsFais Do Do Friday!
Catfish Po'Boys
Crispy French Fries
Cole Slaw
Tartar and Cocktail
Sauce

The Balanced Bite

Tomato and Red Pepper
Soup
Provolone Grilled CheeseMoroccan Spiced
Tilapia
Jollof Rice
Roasted BroccoliLoaded Tater Tot Bar
(Chili, Cheese, Sour
Cream, and Green
Onions)Club Sandwich
Kettle Chips
Potato SaladChicken Boudin
Casserole
Breaded Okra
King Cake Beignets

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Monday
12thTuesday
13thWednesday
14thThursday
15thFriday
16th

Sizzle and Main

No Students
(Mardi Gras Break)No Students
(Mardi Gras Break)No Students
(Mardi Gras Break)No Students
(Mardi Gras Break)No Students
(Mardi Gras Break)

The Balanced Bite

No Students
(Mardi Gras Break)No Students
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Monday
19thTuesday
20thWednesday
21stThursday
22ndFriday
23rd

Sizzle and Main

Honey Chicken
Lo Mein Noodles
Stir-Fry Vegetables

Fish Tacos
Yellow Rice
Mandarin Slaw
Salsa Verde

Chicken and Sausage
Gumbo
Green Onion Rice
Roasted Garlic Green
Beans
French Bread

Bruschetta Ravioli
Roasted Broccoli
Garlic Bread

Bang Bang Chicken
Nuggets
Fried Rice
Ginger Roasted
Cauliflower

The Balanced Bite

Minestrone Soup
Garden Salad
Breadsticks

Shredded BBQ Chicken
on Bun
Sweet Potato Fries
Dirt Pie

Italian Sausage Hoagies
Italian Pasta Salad

Cubano Sandwich
Tajin Spiced Kettle Chips

Pasta Puttanesca
Arugula Salad
Italian Bread



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Monday
26th

Tuesday
27th

Wednesday
28th

Thursday
29th

Sizzle and Main

Chicken Parmesan
Penne Marinara
Mixed Vegetables

Pork Stir Fry
Garlic-Soy Noodles
Egg Rolls

Creole Pot Roast
Confetti Rice
Mixed Vegetables

Rosemary Chicken
Brown Butter Gnocchi
Honey Glazed Carrots

The Balanced Bite

Stuffed Bell Peppers
Corn Maque Choux
Warm Roll

Chicken Tikki Masala
Basmati Rice
Grilled Nan Bread

Seafood Stuffed Potatoes
Garden Salad

Breakfast Flatbread
Fresh Fruit
Brown Sugar Oatmeal



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