

Monday

Tuesday

Wednesday
1stThursday
2ndFriday
3rd

Sizzle and Main

Chicken and Waffles
Sweet Potato Fries
Roasted Cauliflower

Huli Huli Chicken
Steamed Jasmine Rice
Polynesian Spiced
Vegetables

Sicilian Style Cheese
Pizza
Arugula Salad
Sautéed Green Beans

The Balanced Bite

Mongolian Beef
Stir-Fry Noodles
Ginger Roasted Broccoli

Italian Grinders
Warm Marinara
Caesar Salad

Tomato-Basil Soup
Grilled Cheese
Spinach and Bacon Salad



*ChefAdvantage is committed to serving
Nutritious and Delicious Meals!*

Locally sourced ingredients whenever possible
No High Fructose Corn Syrup, Trans Fats, or MSG



Monday
6thTuesday
7thWednesday
8thThursday
9thFriday
10th

Sizzle and Main

National Nacho Day!

Beef Nachos
Black Beans
Seasoned Rice
Cilantro
Sour Cream

Gringo Lasagna
Elotes
Tortilla Crunch Salad

Cheesy Chicken
Spaghetti
Garden Salad
Southwest Cornbread

Pork Wellington
Roasted Potatoes
Balsamic Vegetables

Lemon Pepper Chicken
Rice Pilaf
Smothered Green Beans
Vanilla Cupcake Day

The Balanced Bite

Nashville Hot Chicken
Sandwich
Crispy French Fries
Carolina Cole Slaw

Loaded Baked Potato
Bar
(Bacon Bits, Chives,
Sour Cream, Cheese,
and Chili)

Beef Bulgogi Bowl
(Korean Beef, Jasmine
Rice, Roasted
Vegetables, Boiled Egg)

Chicken Ban Mi
Sandwich
Mango Salad

Pizza Bianca
Pasta Salad
Roasted Vegetables



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Monday
13thTuesday
14thWednesday
15thThursday
16thFriday
17th

Sizzle and Main

Homestyle Meatloaf
Sour Cream Mashed
Potatoes
Glazed Carrots

Quesa Birria Tacos
Confetti Rice
Ancho-Spice Broccoli

Meatball Submarines
Crispy French Fries
Mixed Vegetables

National Fast Food Day!
Mac Attack
Big Mac
French Fries
Apple Crisp

Thanksgiving Feast
(Early Dismissal)

The Balanced Bite

Chicken Piccata
Buttered Pasta
Garlic Knots

Key West Shrimp Pasta
Garlic Bread
Sauteed Green Beans

Chicken Bibimbap
White Rice, Carrots
Egg
Zucchini and Spring Mix

Chicken Sandwich
Waffle Fries
Cobb Salad

Thanksgiving Feast
(Early Dismissal)



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Monday
20th

Tuesday
21st

Wednesday
22nd

Thursday
23rd

Friday
24th

Sizzle and Main

No Students
(Thanksgiving Break)

No Students
(Thanksgiving Break)

No Students
(Thanksgiving Break)

No Students
(Thanksgiving Break)

No Students
(Thanksgiving Break)

The Balanced Bite

No Students
(Thanksgiving Break)

No Students
(Thanksgiving Break)

No Students
(Thanksgiving Break)

No Students
(Thanksgiving Break)

No Students
(Thanksgiving Break)



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Monday
28th

Tuesday
29th

Wednesday
30th

Sizzle and Main

National French Toast
Day!
French Toast
Sausage Links
Oatmeal
Fresh Fruit

Beef Burrito
Refried Beans
Yellow Rice

Jerked Chicken
Creamy Coconut Rice
Mojo Vegetables

Philly Cheesesteak
Crispy French Fries
House Salad

Korean Fried Chicken
Korean Corn Cheese
Korean Cucumber Salad

The Balanced Bite

Beef Ravioli
With Marinara
Garlic Focaccia
Italian Salad

Italian Sausage
Stromboli
Roasted Garlic Green
Beans

Chicken Salad Sandwich
Crispy Kettle Chips

Soup and Salad Series:
French Onion Soup
Grilled Cheese
Chopped Salad

Tilapia Portofino
Rice Pilaf
Sauteed Green Beans



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