

Monday

Tuesday

Wednesday

Thursday

Friday
1st

Sizzle and Main

National Gyro Day!
Chicken Shawarma Pita
Greek Potato Wedges
Greek Roasted
Vegetables

The Balanced Bite

New Orleans Style
Muffaletta
Mixed Olive Salad
Kettle Chips



*ChefAdvantage is committed to serving
Nutritious and Delicious Meals!*
Locally sourced ingredients whenever possible
No High Fructose Corn Syrup, Trans Fats, or MSG



Monday
4thTuesday
5thWednesday
6thThursday
7thFriday
8th

Sizzle and Main

No Students
(Labor Day)

National Cheese Pizza
Day!
Sicilian Style Cheese
Pizza
Arugula Salad
Sautéed Green Beans

Chicken and Waffles
Sweet Potato Fries
Roasted Cauliflower

Tarragon Chicken
Lyonnaise Potatoes
Haricot Verts
French Bread

Pan Roasted Pork Loin
Roasted Apples and
Potatoes
Honey Glazed Carrots

The Balanced Bite

No Students
(Labor Day)

Beef Torta
Tortilla Chips
Salsa Verde
Pico De Gallo

Mongolian Beef
Stir-Fry Noodles
Ginger Roasted Broccoli

Italian Grinders
Warm Marinara
Caesar Salad

Lemon Grass Chicken
Garlic Butter Noodles
Sautéed Bok Choy



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Monday
11thTuesday
12thWednesday
13thThursday
14thFriday
15th

Sizzle and Main

BBQ Chicken Drumsticks
BBQ Baked Beans
Cole Slaw
Potato Salad

Pollo Loco
Arroz Rojo
Street Corn
Warm Corn Tortillas

Beef Bolognese
Fettucine Pasta
Roasted Garlic Green
Beans
Rosemary Focaccia
Bread

Brunchin' Lunch
French Toast Sticks
Sausage Patty
Cheese Grits
Oatmeal

National Linguini Day!
Shrimp Fra Diavolo
Over Linguini
Ciabatta Bread
Balsamic Brussel Sprouts

The Balanced Bite

BBQ Pulled Pork Sandwich
Sweet Potato Wedges
Banana Pudding

Pork Ban Mi
Sandwich
Umami Kettle Chips

Huli Huli Chicken
Steamed Jasmine Rice
Polynesian Spiced
Vegetables

Butter Chicken
Basmati Rice
Warm Naan Bread

Crispy Chicken Wings
French Fries
Ranch Dipping Sauce
Celery and Carrots



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Monday
18th

Tuesday
19th

Wednesday
20th

Thursday
21st

Friday
22nd

Sizzle and Main

Red Beans and Rice
Chicken Tenders
Corn Bread
Collard Greens

Beef Soft Taco
Papas Rancheros
Cumin Roasted
Cauliflower

Sloppy Joes
Crispy French Fries
Roasted Broccoli

Tonkostu Ramen Bowls
Roasted Pork Loin,
Boiled Eggs, Green
Onions, and Carrots
Soy Glazed Edamame

Hamburger Steak
Beef Gravy
Mashed Potatoes
English Peas
Ice Cream Cone Day

The Balanced Bite

National Cheeseburger
Day!
Cheese Burgers
Shoestring French Fries

Pasta Primavera
Fresh Baked Ciabatta

Shrimp Fried Rice
Vegetable Egg Rolls
Youtaio
(Donuts)

Cubano Sandwich
Honey Glazed Plantains

Blackened Mahi Mahi
Caribbean Rice
Sautéed Zucchini and
Squash



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Monday
25thTuesday
26thWednesday
27thThursday
28thFriday
29th

Sizzle and Main

Quesadilla Day
 BBQ Chicken Quesadilla
 Buffalo Chicken Quesadilla
 Chicken Parm Quesadilla
 Garlic Cheese Rice
 Roasted Broccoli

Beef Barbacoa Tacos
 Cilantro-Lime Rice
 Corn Sofrito

Chicken and Sausage
 Jambalaya
 Sautéed Green Beans
 Warm Dinner Roll

Chili Cheese Hot Dog
 Spiral Fries
 Baby Carrots with Ranch

Tarragon Chicken
 Lyonnaise Potatoes
 Haricot Verts
 French Bread

The Balanced Bite

Cheese Tortellini Alfredo
 Caesar Salad

Eggplant Napoleon
 Buttered Rotini Pasta
 Roasted Zucchini

Pork Katsu
 Yakisoba Noodles
 Ginger-Soy Broccoli

Chicken Yakitori
 Coconut Jasmine Rice
 Gyoza

New Orleans Style
 Muffaletta
 Mixed Olive Salad
 Kettle Chips



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