

Monday 2nd

Tuesday 3rd

Wednesday 4th

Thursday 5th

Friday 6th

Sizzle and Main

Professional Development Day
(No Students)Creole Pastalaya
Dinner Roll
Corn and Bacon SuccotashShredded Chicken Nachos
(Sour Cream, Refried Beans,
Cilantro, Cheese and Sour Cream)Tomato Dijon Pot Roast
Sour Cream Mashed Potatoes
English PeasBacon Cheeseburgers
French Fries
Green Beans

The Balanced Bite

Professional Development Day
(No Students)Chicken Adobo
Jasmine Rice
Sesame Sugar Snap PeasWhite Beans and Rice
Smoked Sausage
Corn BreadHuli Huli Chicken
Caribbean Rice
Honey Soy CarrotsBlackened Tilapia
Parmesan Rice
Sauteed Squash and Zucchini

*ChefAdvantage is committed to serving
Nutritious and Delicious Meals!*

Locally sourced ingredients whenever possible
No High Fructose Corn Syrup, Trans Fats, or MSG



Monday 9th

Tuesday 10th

Wednesday 11th

Thursday 12th

Friday 13th

Sizzle and Main

Chicken Florentine Lasagna
Green Beans and Tomatoes
Garlic Bread

Buffalo Chicken Quesadilla
Cilantro Lime Rice
Roasted Corn

BBQ Pulled Pork Macaroni and
Cheese
Roasted Broccoli
Double Fudge Brownie

Chicken Ramen Bowl
(Chicken, Noodles, Cilantro, Corn,
and Carrots)

Sicilian Style Cheese Pizza
Creamed Spinach
Caprese Salad

The Balanced Bite

French Onion Soup
Swiss Grilled Cheese
Spring Mix Salad

Debris Fries Poutine
(Shredded Beef, Gravy, Cheese,
and Green Onions)

Chicken Cordon Bleu
Scalloped Potatoes
Roasted Brussel Sprouts

Italian Sausage Ragù
Creamy Polenta Marinara
Cucumber and Tomato Salad

California Chicken Salad
Sweet Potato Fries



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Monday 16th

Tuesday 17th

Wednesday 18th

Thursday 19th

Friday 20th

Sizzle and Main

Martin Luther King Jr Holiday

Pork Carnitas Taco
Yellow Rice
Charro Beans

Chicken Bacon Ranch Pasta
Roasted Broccoli and Cauliflower
Warm Dinner Roll

Wings and Waffles
Boneless BBQ Wings
Waffle Fries
Celery and Carrots
Ranch Dipping Sauce

Chicken and Pepper Stir Fry
Sticky Rice
Soy Glazed Green Beans

The Balanced Bite

Martin Luther King Jr Holiday

Roasted Chicken
Beef Dirty Rice
Mixed Vegetables

Beef Bibimbap
(Steamed White Rice, Shredded Carrots, Zucchini, and Boiled Egg)

Loaded Potato Soup
Spinach Salad
Ciabatta Bread

Chicken Shawarma
Chickpeas and Rice
Warm Pita
Hummus



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Monday 23rd

Tuesday 24th

Wednesday 25th

Thursday 26th

Friday 27th

Sizzle and Main

Chicken Fricassee
Brown Rice
Smothered Green Beans

Chicken Enchiladas
Papas Rancheros
Black Beans

Whopper Wednesday!
Hamburger and Onion Rings
(Lettuce, Tomato, and Pickles)

Meatball Marinara Submarine
Potato Wedges
Broccoli Salad

Caniac Day!
Chicken Fingers
Crinkle Cut French Fries
Cole Slaw
Texas Toast
Dipping Sauce

The Balanced Bite

Eggplant Parmesan
Penne Rose'
Parmesan Crusted Cauliflower

Korean BBQ Pork Loin
Kimchi Fried Rice
Korean Cucumber Salad

Jamaican Jerk Chicken
Coconut Mango Rice
Honey Glazed Plantains

Chicken and Wild Rice Soup
Focaccia Bread

New Orleans Style Roast Beef
Po'Boy
Curly Q Fries



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Monday 30th

Tuesday 31th

Sizzle and Main

Swedish Meatballs
Egg Noodles
Buttered Peas
Dinner Roll

Chicken and Dumplings
Dinner Roll
Roasted Carrots

The Balanced Bite

Orange Chicken
Fried Rice
Mandarin Slaw

Coffee Braised Beef
Roasted Gold Potatoes
Balsamic Roasted Vegetables



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